

# WELCOME TO GYMTASTIC DAY CAMP FOR BOYS AND GIRLS,



Ages 4 1/2 & Up



Our summer program has been specifically designed with your child in mind. For our campers, our safety certified, **Background Checked**, dedicated staff will instruct **gymnastics**, along with physical fitness and entertain your child in our **air conditioned**, fully equipped gymnastics facility, as well as spending some time outside in the fresh air, combined with extra exciting activities that will foster growth in areas such as creativity, responsibility, teamwork, confidence and self esteem in a **fun filled atmosphere!**



For the serious gymnast our goal is to provide a **gymnastics training** program where gymnasts master new skills on all events, combined with extra exciting activities that will foster growth in areas such as dance, Choreography, friends, physical fitness, teamwork, creativity, responsibility, confidence and self esteem.



## Prices

Full Week \$300 Per day \$65 Half day \$35  
Early drop off and late pick up \$5 per 1/2 hour

THE ENTIRE STAFF AT CHENANGO GYMNASTICS IS LOOKING FORWARD TO MAKING THIS YEAR'S SUMMER CAMPS ONE OF THE MOST REWARDING AND UNFORGETTABLE EXPERIENCES YOUR CHILD WILL HAVE..  
**Owners: Jean & Dan Sabol**

7 Weeks of Day Camp

July 11th. - August 26th, 2022

Spaces limited/ Sign up Now

**AIRCONDITIONING**

## Typical Daily Schedule\*

\*\*800 - 9:00 Early Drop off (Fee)

9:00 - 9:30 Welcome/game/Warmups

9:30 -11:30 **Gymnastics Rotations**  
Craft/snack/themed activity

11:30 - 12 Free time/themed Activity

12:00 morning campers pickup!!!

12:00 - 12:30 Lunch

12:30 - 1:00 Afternoon 1/2 day campers arrive, Welcome, Warm ups, game

1:00 - 3:00 **Gymnastics Rotations**  
Outside water fun & waterslide, craft, themed activity

3:00 - 3:30 Free time/closing activity

3:30 - pickup

\*\*3:30 - 4:30 Late Pickup (fee)

Prior arrangements must be made for early and late pick up



## ACTIVITIES

**Gymnastics**  
Waterslide  
Water fun  
Games

**Physical Fitness**  
**NINJA**

## Theme Weeks:

*Beach Week*  
*Super Hero Week*  
*Movie Week*  
*Galaxy Week*  
*Disney Week*  
*Beach Week*  
*Camping Week*  
*Christmas in July*

**Wacky Wednesdays**  
**Themed Snacks**  
**Arts & Crafts**  
**Weekly Shirts**  
**Rock Wall**  
**Group Challenges**  
**Outside Activities**  
**Trampoline**  
**New Friends**  
**Guest Speakers**

## MICELLANEOUS

### Camp Gymtastic

Boys & Girls - Ages 4 1/2 & up.  
Please bring snack, lunch, sunscreen swimsuit and towel.  
A **FREE** Snack that goes along with our weekly theme is provided on Thurs.  
(Ex.)icecream sundaes-carmel apples- popcorn-smores- fruit & VeggieCrittters. Children are divided by age and ability.  
\*Schedule subject to change.

\*\*Late pick up or early drop-off

**NINJA**

**SUMMER CAMP**

**Mon & Wed 9am -Noon**