

# WELCOME TO GYMNASTIC DAY CAMP FOR BOYS AND GIRLS



8 Weeks of Day Camp  
July 5th. - Aug. 27th., 2010

## ACTIVITIES

**Gymnastics**  
Waterslide  
Water fun Games  
Physical Fitness  
Theme Weeks:  
*Summer Kickoff*  
*Carnival-Hawaiian*  
*Pirates- Western*  
*Goofey Olympics*  
*Safari-Camping*  
**Wacky**  
**Wednesdays**  
**Themed Snacks**  
**Arts & Crafts**  
**Weekly Shirts**  
**Rock Wall**  
**Group Challenges**  
**Outside Activities**  
**Trampoline**  
**New Friends**  
**Guest Speakers**  
**Fun! Fun! Fun!**  
**Bungee and More!!**



## Water Slide

### MISCELLANEOUS

#### Camp Gymnastic

Boys & Girls - Ages 4 and up.

Please bring snack, lunch, sunscreen swimsuit and towel.

A **FREE** Snack that goes along with our weekly theme is provided on Thurs.

(Ex.)icecream sundaes-carmel apples- popcorn- smores- fruit & Veggie Critters

Children are divided by age and ability.

\*Schedule subject to change.

**\*\*Late pick up or early drop-off**

**additional charge**



## Typical Daily Schedule\*

- \*\*7:30 - 9:00** Early Drop off
- 9:00 - 9:30 Welcome/game/Warm ups
- 9:30-11:30 Gymnastics Rotations
- Snack/Themed Activity
- 11:30-11:45 FreeTime/ThemedActivity
- 11:45 - 12:15 LUNCH
- 12:15 - 12:30 Welcome, Warm ups, game
- 12:30 - 2:30 Gymnastics Rotation
- Outside water fun, themed craft, Themed activity
- 2:30 - 3:00 Free time/Closing activity
- \*\*3:00 - 5:00** Late Pickup

Our summer program has been specifically designed with your child in mind. For our younger campers, our safety certified, dedicated staff will instruct gymnastics, along with physical fitness and entertain your child in our fully equipped gymnastics facility, as well as spending some time outside in the fresh air.

Our program is flexible to fit their age & personal needs.

For the serious gymnast our goal is to provide a **gymnastics training** program combined with extra exciting activities that will foster growth in areas such as new friends, physical fitness, teamwork, creativity, responsibility, confidence and self esteem in a **fun filled atmosphere.**



We take pride in providing a safe, caring and nurturing environment for all those who visit and train with us.



## OUR STAFF



THE ENTIRE STAFF AT CHENANGO GYMNASTICS IS LOOKING FORWARD TO MAKING THIS YEAR'S SUMMER CAMPS ONE OF THE MOST REWARDING AND UNFORGETTABLE EXPERIENCES YOUR CHILD WILL HAVE.. Owners: Jean & Dan Sabol

